







$$\frac{1}{h} \frac{1}{\hbar} \sum_n \frac{1}{p \quad h_n \quad h_s} =$$

$$j J_{h_s, n; h_s, \#} \quad h_n; e_s \quad J_{h_s, \#; h_s, n} \quad h_n; e_s j ; \dots$$

... " # ...